



OpenSeed®

**the lotus  
meditation pod**



## PROBLEM

Stress, burnout, and mental health issues are costing companies billions of dollars

**20% of adults  
experience mental  
illness each year.**



**Employees with inadequate  
mental health miss 4x more work,  
costing employers \$45 billion a  
year in lost productivity.**

Sources: [National Alliance on Mental Illness](#) and [Gallup](#)



## PROBLEM

Companies are unable to meet the growing need for better wellness amenities in the workplace.

**Meditation provides many research-backed mental health benefits, yet millions of people find it difficult to start or maintain a practice.**

**Only 17% of workers in have access to relaxation spaces. Most workplaces don't have the space, know-how, nor the budget to create physical spaces that are conducive to meditation.** Source: [JLL](#)





## SOLUTION

### Meditation pods for the Workplace



Provide moments of calm in less than 10 minutes.



Teach users how to meditate and maintain a consistent practice.



Affordable, convenient, effective, and beautiful.





# FEATURES



**Made with natural and organic materials**



**Guided Meditations, Sound Therapy, and Music**



**Audio-to-light technology**



**Touch Screen**



**Proprietary software and hardware design**



**Aromatherapy**



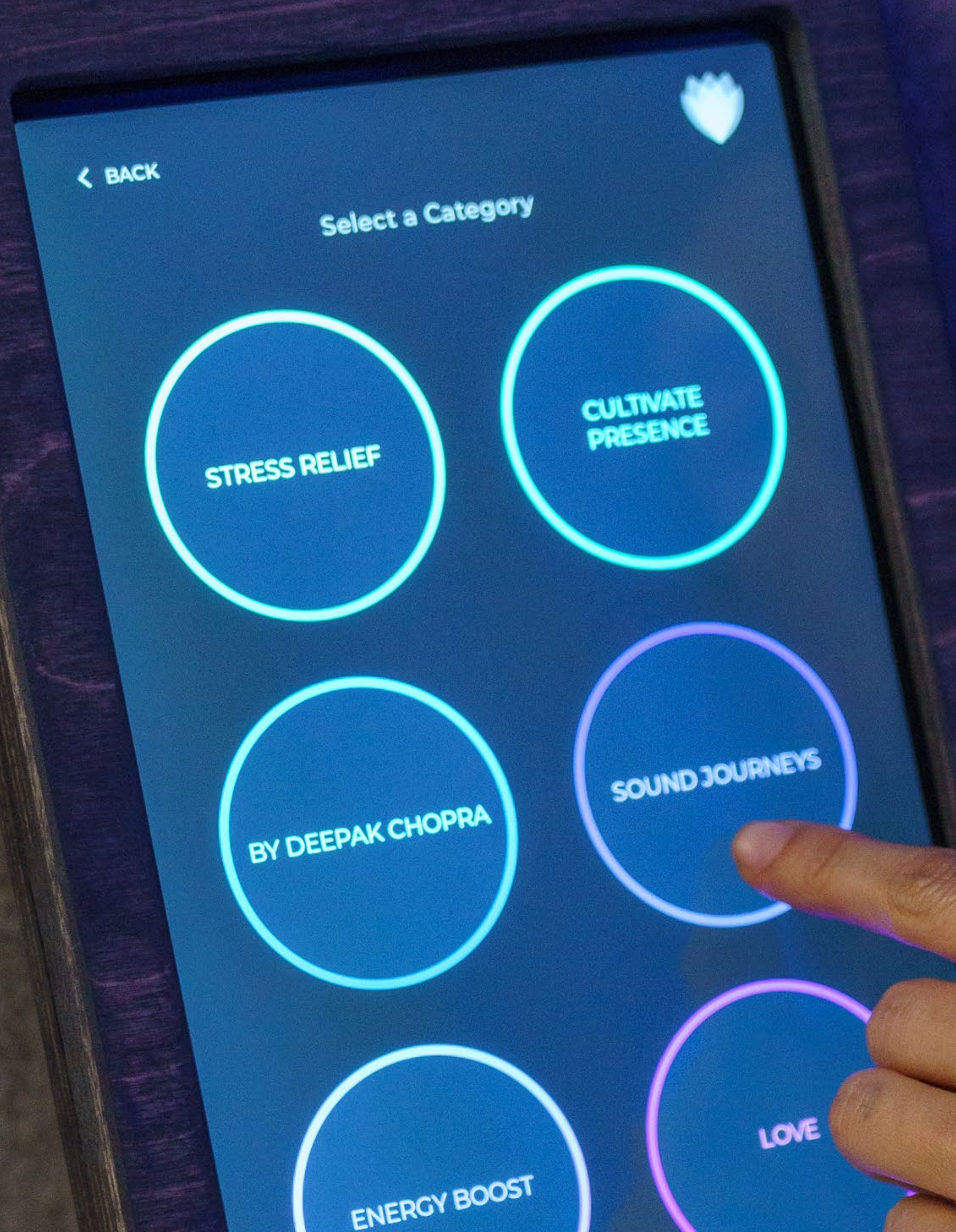
**Sound isolation**



**Air Circulation System,**







Select from over 25 experiences, including guided meditations, sound journeys, breath work, and music.



[Hear Samples](#)





**Deloitte.**

"Deloitte Canada is committed to fostering a supportive work environment that prioritizes the well-being of its employees. Central to this effort is facilitating meditation in the workplace...we are happy to incorporate OpenSeed's meditation pods to empower our team with this tool."

- Kendra Earle, Senior Designer Workplace Strategy



## CUSTOMERS



We are noticing positive results among our 140+ employees who have all access anytime. De-escalating the stressful environment of 24/7 emergency services with a quick 5-10 minute session shifts physiology from high sympathetic tone to a grounded parasympathetic state. The pod is an integral part of this commitment to our team..”

**Dr. Loren Nations, CEO  
Veterinary Healthcare Associates**



## DATA AND ROI FROM CUSTOMERS

OpenSeed captures usage data and user feedback to continuously improve the customer experience and provide positive ROI to our clients.



**Avg. 16 sessions per day**



**93% of survey respondents would recommend pod sessions to their peers.**



**92% of respondents felt more calm and focused immediately after each session.**



**At an investment of \$43,800, the Lotus pod yields more than 300 sessions per month. Over its lifetime (min 3 years), it will serve over 10,800 sessions, costing our clients only \$4 per session, less than a cup of coffee.**



**Companies that integrate meditation mindfulness programs have seen a 7% reduction in healthcare costs, \$5,000 gain in value per employee as well as:**

- **Improvements in focus**
- **Decreased stress**
- **Increased employee engagement**
- **Lower employee absenteeism**



*OpenSeed's meditation pods can play an important role in facilitating meditation in the workplace, residences, and commercial spaces. The pod is a unique environment that beautifully integrates industrial design, technology, and content that helps ease stress and expand self-awareness.*

*Given the mental health crisis we are facing, OpenSeed may offer the type of solution that could help many people reap the vast benefits of meditation.*

*- Dr. Deepak Chopra*

A portrait of Dr. Deepak Chopra, a man with curly hair and glasses, wearing a dark turtleneck. The image is overlaid with a vibrant, multi-colored gradient that transitions from purple and blue on the left to green and yellow on the right, creating a dynamic, ethereal background.

Deepak  
Chopra



# the lotus - technical specs

**Exterior Dimensions**

2670H x 2135W x 2135L

**Weight**

1,000 pounds (453 Kg)

**Crate Size**

3050L x 1220W x 1220L

**Crate Weight**

1,400 pounds (635 kg)

**Shell**

3/8” thick Polyester Felt.

**Structure**

Baltic Birch Plywood

**Space Requirement**

Actual footprint is 4.65sqm,  
but we recommend  
allocating at least 9sqm.

**Assembly**

Approximately 15 hours by  
our certified installers.

**Sound Insulation**

Pod is not completely  
sound proof although it  
blocks out a significant  
amount of external noise.  
Each pod comes equipped  
with headphones to solve  
any noise-related issues in  
any environment.





# the lotus - technical specs

## Tablet

Built-in, commercial-grade touchscreen.

## Sound System

5.1 system. Concealed speakers in backrest, overhead, and front doors.

## Headphones

2 Headphone. Users can switch between headphone and speaker mode.

## Ventilation

Automatic, 4 fans (3 located behind backrest & 1 overhead).

## Power

The pod requires one (1) 20 amp outlet.

## WiFi Connectivity

Required for running lights and updating content.

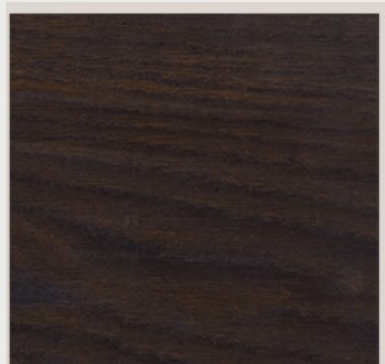
## Warranty

1-Year Warranty. Extended Warranty Available.

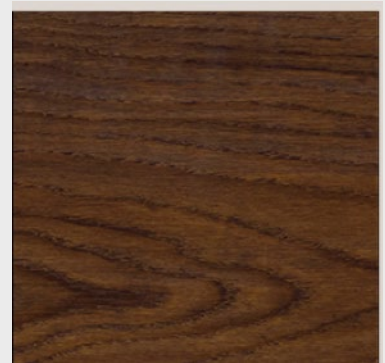




the lotus - wood finishes



Charcoal



Chocolate



Walnut





the lotus - essential oils











OpenSeed

E L E V A T E

[elevate@openseed.co](mailto:elevate@openseed.co)