

OpenSeed.<sup>®</sup>  
MEDITATION PODS

THE IRIS



STEP INTO STILLNESS.....



## **The Iris Pod**

One stop solution for your space



**Effective** - Induces calm in less than 10 minutes using various therapeutic modalities.



**Transformative** - Users develop and strengthen their meditation skills to elevate their emotional intelligence, focus, and mental clarity.



**Affordable** - Leasing options available.



**Convenient** - Placed within a few steps from employees desks or working area.



***Go deeper and faster into a state of meditation through the right elements and modalities.***



Natural & organic materials



Sound absorbing felt shell



Audio-to-light technology



Air ventilation system



Guided meditations



Aromatherapy



Immersive sound



Vibroacoustic therapy

## ***Experience Activation***

Built-in tablet enables the activation of immersive experiences. Our music, guided meditations and sound therapy programs provide powerful and effective science-backed content

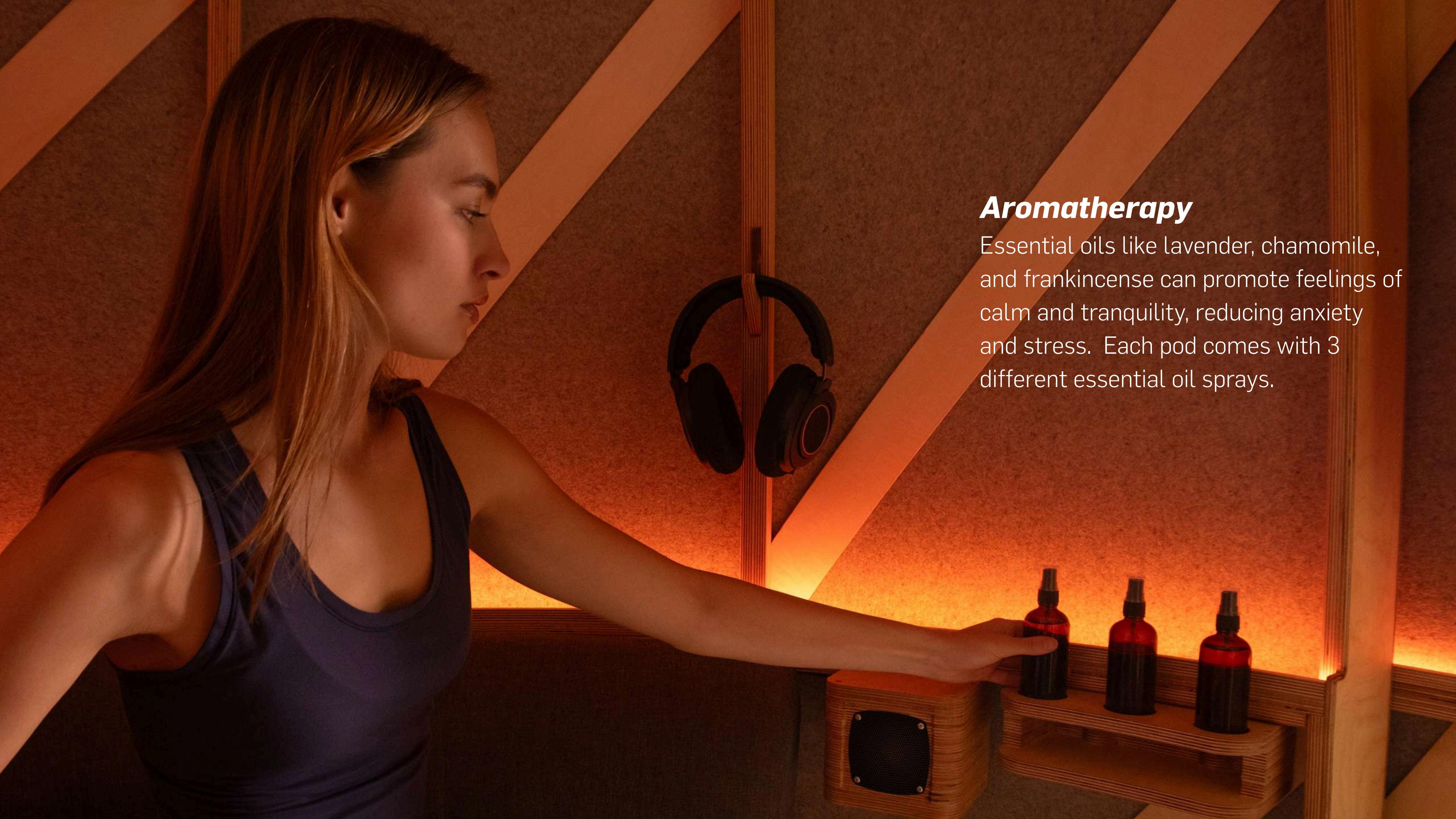


## **Light Therapy**

Audio-to-light synchronization allows for the application of light as a therapeutic modality

**Visual Cues for Breathing:** the lights change color in sync with the music, providing a visual cue for users to inhale and exhale even if their eyes are closed during the session.

**Consistent Rhythm:** Synchronizing the light patterns with rhythmic music helps users maintain a steady breathing rate, promoting relaxation and reducing heart rate variability, which is conducive to entering an alpha state.



## ***Aromatherapy***

Essential oils like lavender, chamomile, and frankincense can promote feelings of calm and tranquility, reducing anxiety and stress. Each pod comes with 3 different essential oil sprays.

## ***Vibroacoustic Therapy***

Vibrational floor panels deliver therapeutic frequencies through the legs and body, supporting deep relaxation, stress reduction, and improved circulation.





### ***Sound Insulation***

A thick layer of wood combined with felt provides superior sound insulation.

### ***Enhanced Privacy***

A soft lock lets users maintain privacy and an uninterrupted meditation session, while an external indicator signals that the pod is occupied.



















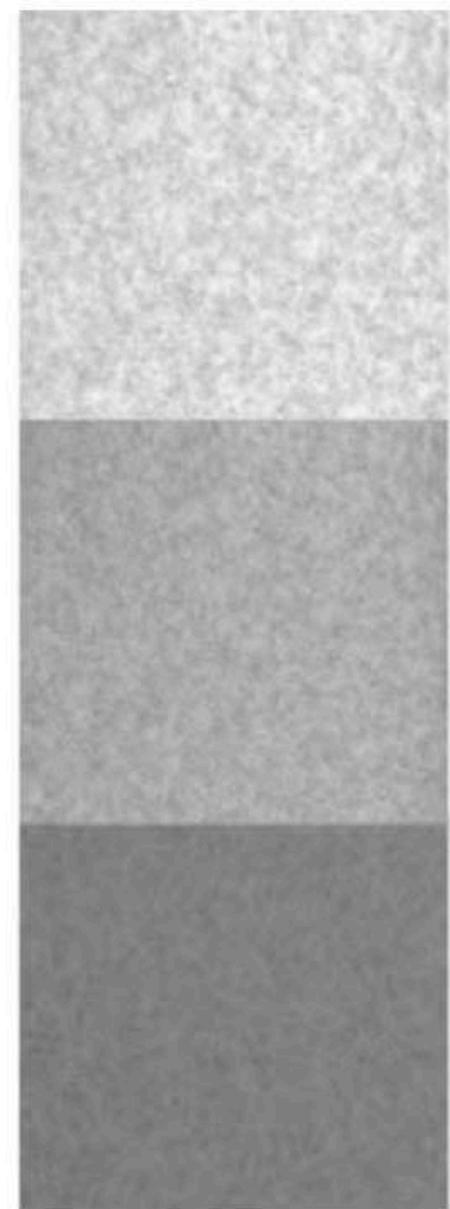
## Felt Colors



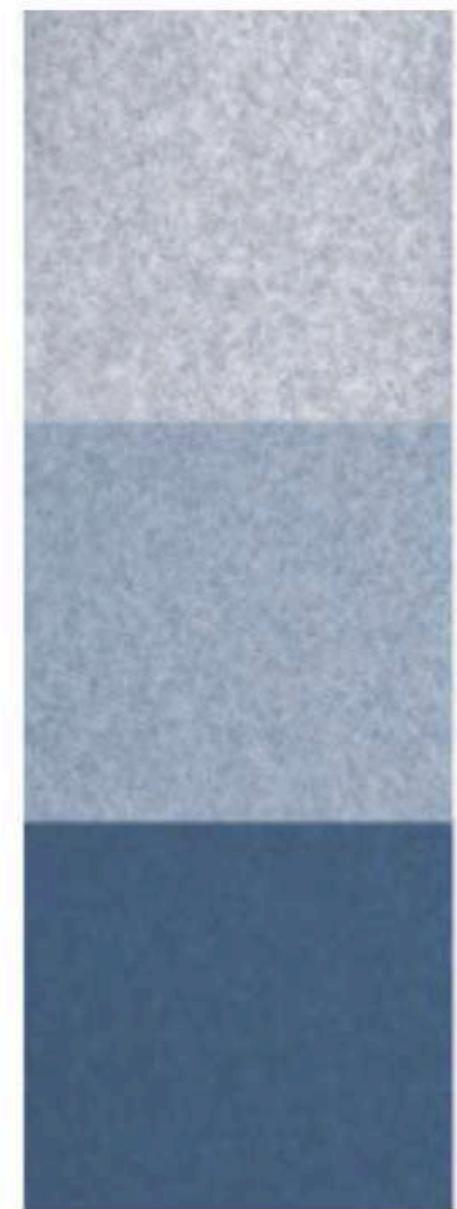
Marigold



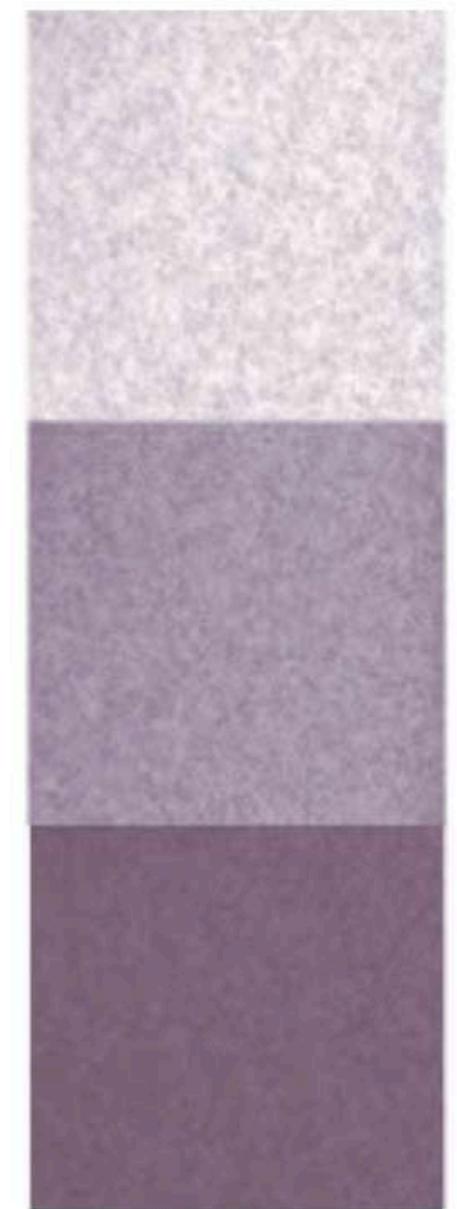
Green



Grey



Blue



Plum



Red

## Premium Wood Veneers



Reconstituted  
White Oak



Reconstituted  
Teak



Reconstituted  
Walnut



Reconstituted  
Grey



Reconstituted  
Carbon

## Standard Wood Stains



Natural  
Baltic Birch



Clay



Graphite

**Exterior Dimensions**

96"H x 72"W x 72)L

**Weight**

1,000 pounds (453 Kg)

**Shipping Crate Size**

120L x 30W x 30H

**Crate Weight**

700 pounds

**Shell**

Wood and felt panels

**Structure**

Baltic Birch Plywood

**Seating**

Frisco Fabric

33% Cotton / 66%

**Space Requirement**

Actual footprint is 50 sq. ft., but we recommend allocating at least 100 sq. Ft.

**Assembly**

Approximately 5 hours by our certified installers. Requires 9.5 ft ceiling clearance for assembly.

**Cleaning**

Vacuuming on exterior and interior of pod. Vinyl seating cleaned with normal non-toxic cleaners.

**Warranty**

1-year Warranty. Extended Warranty Available.

**Fire Sprinkler/Safety**

The pod's felt is 100% wool which is naturally self-extinguishing. Fire sprinklers may be retrofitted into the pod.

**Tablet**

Built-in, commercial-grade touchscreen.

**Headphones**

2 headphones included

**Ventilation**

Automatic, 4 fans (3 located underneath seating & 1 overhead).

**LED lighting**

Light sequences programmed with audio experiences.

**Aromatherapy**

Three bottles of essential oil sprays included. Refills are \$60/bottle

**Power**

The pod requires one (1) 20 amp outlet.

**WiFi Connectivity**

Required for running lights and updating content.

**Sound Insulation**

Pod blocks out about 25 db of external noise. Each pod comes equipped with headphones to solve any noise-related issues in any environment.



Trusted by small businesses, Fortune 500 Companies, and government agencies.



**Deloitte.** Morgan Stanley

**Optum**



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CONANT



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